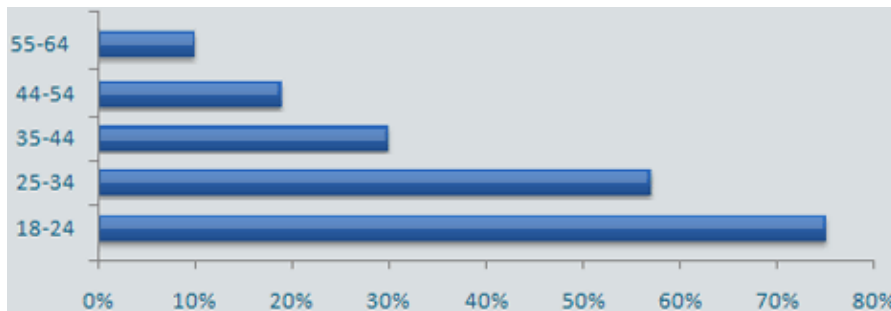


Internet and Computer Resources With Angela Lewis



What is Twitter?

Twitter is the latest Internet fad that allows a person to write up to 140 characters of instant update (like a text) onto a webpage; keeping their friends (and the world at large) up to date with what they are doing at any given minute of the day. The sorts of things people 'twitter' about (twitter in this case being the verb that describes writing a twitter post), seem to be mostly inane, like 'I hate work today, can't wait to get home', or 'did you watch Home and Away last night, awesome episode'. While it is very popular with the under 25s, politicians also use it to push out messages and those in the media use it as a way of plugging movies, concerts or music releases (even Andre Rieu twitters as I discovered when I searched for his name). But, if like me readers are wondering who could be bothered getting the latest updates on what friends or acquaintances just ate for lunch or what they just played on their iPod...well I guess that means we are all just too old (or have busy lives)! But if you are interested, go sign up or take a look at www.twitter.com.



Social Media (FaceBook, MySpace, Twitter) use by age (courtesy of Whitesmoke.com)

IT Workers and Asperger's Syndrome

I receive regular updates and emails from TechRepublic, an online trade publication and social community for IT professionals. They provide a venue for IT folk to blog and discuss various issues related to IT. One very interesting thread began some time ago after Toni Bowers published the story ['The connection between IT and Asperger's Syndrome'](#), which began as follows:

It's sometimes called the "Geek Syndrome. Medically, Asperger's is one of several autism spectrum disorders (ASDs) characterized by difficulties in social interaction and by restricted, stereotyped interests and activities, and obsessive or repetitive routines.

Because those with Asperger's tend to gravitate toward things rather than people, there seems to be a greater number of IT people with Asperger's than in the general population.

There was a huge response from IT professionals around the world, with many saying they also believed this to be the case (and some even nominating themselves as possible Asperger's sufferers). Having worked with IT folk for many years, I can also see how easily the 'geek' could be stereotyped in this way and while the article was a discussion piece and not grounded in research it certainly provides food for thought and debate.

Word Hint: Synonyms in a Flash!

Looking for another way to say it? Nothing coming to mind? Well, let Word help you out with a synonym (in both XP and 2007 versions).

1. Right click your mouse over the word you would like to change (you don't have to select the word - just right-click over it and you'll get the same result).
3. At the bottom of the menu that pops open, you will see **Synonyms**. When you choose it, a list of possibilities will open.
4. Choose something from the list, or if there is nothing appropriate choose **Thesaurus** to get more options.

Excel Hint: To the Bottom Right Now!

As I'm sure most of you know, if you are working in Microsoft Excel, holding down the Ctrl key and then pressing the **Home** key will take you to the upper left corner of your worksheet (this is cell A1).

But do you know where Ctrl + **End** might land you?

Well, a rather useful place - the bottom right corner of your data area. This is the end of the worksheet space that you have actually used.

It's a two key quick jump from the beginning to the end!

And if you happen to press the End key by itself, then you are very quickly moved to the beginning of whatever row you are in.

Websites



www.asca.org.au .ASCA is a national organisation which works to improve the lives of adult survivors of child abuse throughout Australia.

www.nswrapecrisis.com.au The New South Wales Rape Crisis Centre is a state-wide 24 hour telephone and online crisis, support and referral service for anyone who has experienced sexual violence.

<http://www.aifs.gov.au/acssa/research/csa.html>. Research papers on the topic of adult survivors of child sex assault, collated by the Australian Institute of Family Studies

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